

IMPORTANT DATES

Friday 4th April

Last Day of Term One

Wednesday 9th April

The Uniform Shop will be open from 10.00am - 2.00pm

Tuesday 22nd April

Student Free Day

Wednesday 23rd April

First Day of Term Two

Friday 25th April

ANZAC Day Public Holiday

Thursday 1st May

Open Day

Saturday 10th May

SEALP Entrance Exam

PRINCIPAL'S SAY

THE IMPORTANCE OF SPORT

This month's newsletter features some colorful images from our swimming carnival at the Melbourne Sports and Aquatic Centre. It was a great day with outstanding contributions from our students.

The house spirit was on full display and the spectators were a sea of color as they waved and cheered members of their house to the finishing line. Once again, Freeman triumphed in what is becoming an ominous trend in the annual swimming carnival.

This event caused me to reflect both upon the importance of sport and the rich array of community sporting facilities that we have access to in the Albert Park Education Precinct.

There is a strong correlation between healthy, fit kids and academic performance so we encourage all of our students to enhance their sporting prowess. There are lifelong benefits in teaching kids the value of fitness and how to exercise properly. Teamwork, ethics including fairness and honesty, tactics and communication skills are all enhanced on the sporting field.

Our most successful sporting program is our renowned Basketball Academy. With a membership of 170 students it symbolizes our students passion and commitment to achieving sporting success. Every student in the Basketball Academy undertakes 4 hours of intensive training per week with the bulk of the training conducted outside of school hours.

How many other schools can claim to hear the excited sounds of future basketball stars at 7am each morning - five days a week.

CONTINUED>>



As the program has matured the opportunities for the students have grown with 28 budding basketball stars having just completed a tour of the Australian Institute of Sport in Canberra where they rubbed shoulders with elite athletes and received tips and advice from Australia's National Basketball coach.

At Albert Park College we have embraced the challenge of providing a comprehensive sporting program in a highly constrained inner city site. The secret to our success has been in building community partnerships within a community rich in sporting venues.

MSAC and Lakeside Stadium are in close proximity to Albert Park College and this is where we conduct our swimming and athletics carnivals. We also have a close relationship with organizations as diverse as the Albert Park Lawn Tennis Club and Albert Park Bowls Club located in St Vincent's Place.

Our location two city blocks from the beach has enabled us to shine in a number of water based sports with our students participating in surf life saving, sailing at the Royal Melbourne Yacht Club, beach volleyball, stand up paddle boarding and beach tennis.

We have dedicated use of Lagoon Reserve thanks to the on-going support of The City of Port Phillip and this is the base for most ball sports including football and soccer.

A new initiative designed to promote physical fitness is "lunchtime at the lagoon." Every Monday, Wednesday and Friday a team of volunteer staff and parents run activities at Lagoon Reserve with an emphasis on encouraging students to get involved in sport.

In addition, many of our staff lead sporting activities as part of our enrichment program. As part of our "Inspire" program we have a running club, cricket club, sailing squad and a weekend netball competition featuring four teams led by Sue-Ellen Goode.

Increasingly, we are starting to compete on a regional, state and national level. A great example of this will be this weekend, March 28th and 29th when we will see Albert Park College competing in the state teams sailing championships. This event is based at Royal Melbourne Yacht Club so feel free to cheer our team on as they compete against some of the best young sailors in the state.

"You got to reach for the stars or try and achieve the unreachable."

Kathy Freeman.

Steve Cook

Foundation Principal

A SUNSMART TIP

A reminder that students are required to wear the APC sun hat or plain sports cap during hot sunny weather. All students must be prepared with water bottles to rehydrate regularly during sport and leadership lessons. The daily recommended intake of water for students is 1.5 litres.

Kind regards

The APC Sport & Leadership department

Lead Create Inspire

APC SWIM CARNIVAL 2014



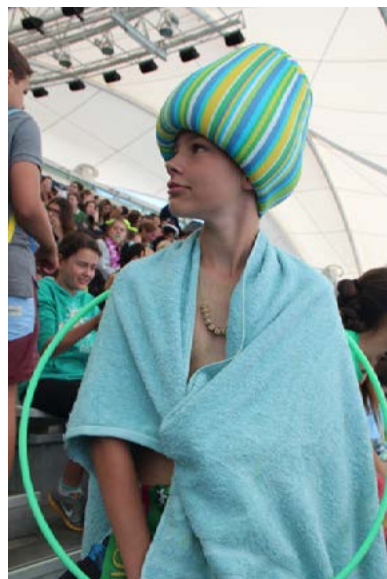
Congratulations to all Albert Park College students who participated and supported their house on the day. It was another fantastic swim carnival with students showing off their swimming prowess and their enthusiasm for their houses with some impressive costumes. The college would like to thank all staff and parents who attended the day ensuring it was a success.



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2014



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DISTRICT SWIMMING CARNIVAL



On Tuesday 11th March APC took a squad of over 30 swimmers to the Beachside and District Swimming Carnival. We had some outstanding performances from many students including Adrian Cho who swam the 100m freestyle in the 12-20 years category, gaining 3rd place! The team swam well, placing in many races and obtaining a fantastic amount of points for the school overall.

We have 6 students that placed first in their races and will be representing both APC and the Beachside division in the regional finals. These students include:

Oscar Burdett: 50m Butterfly

Lewis O'Donnell: 50m Backstroke

Oscar Burdett, Joe Barnes, Finlay Sturzaker and Adrian Cho: 4 x 50m Freestyle relay

Paris Wright: 400m Freestyle

Congratulations to all students who competed on the day, it was another great result for the College!

PARTNERSHIPS PROGRESS BUILDING A BETTER SCHOOL

The APC Partnerships Team is a group of parents and carers who explore opportunities to enhance the school's programs and facilities through support from external organisations. We are focused on developing mutually beneficial, long-term relationships with partners.



This year, we are targeting a range of projects spanning the arts, environment, technology, student welfare and sport. These include visiting artists and experts in other fields, solar panels, more indoor and outdoor plants, digital learning resources, stage lights for the drama space, specialist science desks, support for needy kids and better basketball backboards.

If you are interested in helping us build partnerships with supportive organisations, please contact **Mark Sheppard** on mark.shep@optusnet.com.au.

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APC STUDENT ACHIEVEMENTS



WORLD'S GREATEST SHAVE

This year I decided to do the World's Greatest Shave to support the Leukemia Foundation. In 2012 my grandfather passed away from cancer and in his memory, I wanted to raise money to try and help people who have cancer get through it and hopefully, one day, find a cure. I started fundraising in January and my parents helped me to organise an event to host the shave. On the first day of sending emails I got \$500 worth of donations!

At school, I explained my story and plans to other students at our Year Level assemblies. Through this process, my grandma gave me the headscarf my grandfather had used when it was cold. This gave me courage and spurred me on to raise as much money as possible. On the 16th of March, with the help of friends and family, I shaved my head to a number-one cut. As a result of everyone's generosity and our fabulous fundraising event, I have since raised \$9000. Thank you to everyone who supported me!

Kate Lewis 8JL



ABOVE: The Lewis Family.

RIGHT: Before and after of 8JL student Kate Lewis.

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APC SCHOOL INSPIRE CLUBS

The 2014 Inspire Program is well underway! It's great to see so many students getting involved and a big thank you to all teachers who are running clubs. Check the Inspire page on the portal for information regarding any of the clubs currently running, with more to follow throughout the year.

CRICKET CLUB

The Cricket club meet on the outdoor basketball court on Monday afternoons at 3.20pm, where we then move to Lagoon Reserve and have our own T20 Competition! Open to all year levels, if you have any questions please see Mr Wallace Smith or Mr Clutton.

RUNNING CLUB

Running club has started again! Under the guidance of Mr Gillespie, the running club is training towards competing in local fun runs as well as inter-school cross country and track events. Mr Gillespie runs trainings on Monday afternoons and Chelsea Saw (year 10) runs training on Thursday afternoons.



YOGA CLUB

Life can be hectic for students these days - trying to balance classes, homework, sports commitments, friends, family...

Yoga club lets students de-stress, develop focus and expand awareness, while at the same time increasing flexibility, strength and confidence, and have some fun!! Miss O'Driscoll runs classes in room 9 (the drama/dance space) on Thursdays at lunchtime.

HOMEWORK CLUB

Work with your teachers, peers and volunteer tutors to develop mastery, confidence and depth in understanding in a supportive, fun and social environment. Held in the Library from 3.30 - 4.30 on Mondays (senior students) and Wednesdays (all students).



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DEBATING CLUB

The debating club is currently working in teams to debate against other schools in the Debater's Association of Victoria Competition.

We meet on Wednesdays in Room 20 at 12:30. If you have any questions please see Miss Foster.

SCIENCE FICTION AND FANTASY READING CLUB

The Sci Fi & Fantasy club has been a huge success to date! Here students discuss their favourite characters, swap readings lists and watch favourite episodes. Ms Coyle runs this club on Fridays at lunch in room 24.



NETBALL CLUB

We currently have several netball teams in training and competition. Miss Godde coaches Year 7, 9 & 10 girls netball teams on Monday and Wednesday afternoons. There is a netball team competing for APC on Tuesday evenings in the Prahran Netball Association competition and we will be entering up to 3 teams in the Albert Park Indoor Sports competitions beginning at the end of April.

We also currently have a boys netball team, coached by Miss Carracher, who are training to compete in the Bayside District interschool tournament in May.

BOARD GAME CLUB

Board Game Club has seen a huge increase in numbers already this year! Held on Thursdays at lunchtime with Mr Burden. Board Game Club is a chance for students to pit themselves against your friends, or face the master... Become a General, and destroy enemy armies. Become a Property Magnate and control the boardwalk. Become a Survivor and escape the Zombie Apocalypse. Use your wits, skill and luck to be victorious!



LUNCHTIME AT THE LAGOON CLUB

Mr Jackson has started a fantastic new club where students can spend their lunchtimes playing outside at Lagoon Reserve! We've already had a great response and it would be great to see the numbers continue to rise. The club runs on Monday, Wednesday and Fridays at lunch, so come along to enjoy some fresh air with your friends and play with the sports equipment!

Meet at 12.30 outside the basketball courts.

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ENVIRONMENTAL ACTION CLUB

Students in the Environment Club meet with Miss Foster on Tuesdays at 12.30 in room 25 to tackle conservation, waste management, energy efficiency, water usage, gardening, up-cycling, climate change initiatives, animal protection, community action, excursions, incursions, workshops and more! The Enviro club have already begun to implement some fantastic initiatives, so if you're passionate about defending the environment come along!



INNER FIGHT CLUB

Get the most out of life and help those around you to do the same with InnerFight training - values of hard work, honesty, fun and simplicity, improve your performance in every aspect of your life! Run on Thursdays in the fitness room from 12.30 - 1pm with Mr Clutton.

CREATIVE WRITING CLUB

Miss Langdon has started up The Creative Writing Club, who meet on Mondays at 12.30pm in room 8 to write, discuss and edit their work with other creative writing enthusiasts. Throughout the year there will be a range of opportunities for students to enter their work into creative writing competitions. Some of these competitions have prize money and even provide the opportunity to have your work published!



DRAMA CLUB

Miss Kilpatrick and Miss O'Neil run Drama club on Tuesdays at lunchtime in the Drama space - here students play Drama Games and Theatre Sports, learn new scripts and build confidence presenting in front of groups! Students in Drama Club will be working towards building pieces for the Vaudeville Production.

DANCE CLUB

Miss Carracher runs Dance Club on Tuesday mornings in the Dance space. Students will gain experience in a variety of techniques and combinations while working towards a performance for the Vaudeville Production.



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APC MUSIC PROGRAM



Albert Park College has an exceptional music program, with over 300 students studying instrumental music and all students taking part in music classes. Students learn both the theory behind music but also the skills of playing musical instruments.

Students' passion for music has enabled us to form both a concert band and a leading choir to perform within and without the school, showcasing the talent of APC students.

We strongly encourage any students who have an interest in learning an instrument or singing to contact the music department about instrumental music lessons. You can view a video of our VCE Music Performance group via the following link: <http://www.youtube.com/watch?v=98E96omPJ5w>



ABOVE: Images of the APC Leading Choir and Concert Band during practise.

DONATIONS TO THE MUSIC DEPARTMENT

The Albert Park Music Department would like to thank Khueenie Cheong for the generous donation of a double bass to the school. Through donations like this we are able to both expand the number of instruments that we can loan to students and the types of instruments, giving children a broader range of instruments to choose from.

If you would like to make a donation to our music department, all donations are fully tax deductible and would be greatly appreciated.

For enquires please contact Kim McMahon at:
accounts@albertparkcollege.vic.edu.au.



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APC SAILING TEAM



Session two of the APC Sailing Team coaching at RMYS was held in great sailing conditions. With sunny skies and winds gusting to 12 knots. The Team was put to the task getting the hang of the Pacer Dinghy's with skipper and crew coordinating their skills. Coach Tom Trotter has prepared our team well for this weekends regatta.

We now have one more coaching session left, March 27th from 3.30-5.30pm, with the State Teams Racing Championships to be held at RMYS on March 28-29th. Please wish the APC team luck in this exciting and challenging event.



RIDE TO SCHOOL DAY



On Wednesday March 19th the college took part in **National Ride2School Day** with a healthy breakfast and a celebration of cyclists at APC. There were many students who rode on the day as well as students who skated, scooted, walked or used public transport to get school; bike traffic increased by 8%, Scooter/skate traffic by 75% and foot traffic by 18%. In total almost 592 students avoided using a car to get to school which is a whopping 85% of our cohort. Congratulations to all students and staff involved.

Jane Coyle

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RICKETTS POINT - MARINE BIOLOGY EXCURSION



IMAGES: The under water environment of Ricketts point.



On Tuesday the 11th our Year 9 Marine class went on a Snorkel adventure at Ricketts Point. Once we arrived, the instructors from BayPlay gave us a brief history of Ricketts Point and why it became a Marine Sanctuary 12 years ago. After we learned about the point and also the different species that inhabit it, we got given numerous amounts of wetsuit gear and snorkels and got out into the water. At first there wasn't much to see except various types of rock and weed, but as we got out further I started to notice several starfish and other small types of fish like Puffer fish and even Snapper. But the closer you looked the more you found. As I looked closer I saw a Banjo Shark and then lurking under one of the rocks there was a Leather Jacket then later on a Smooth Stingray. Overall it was a fun, engaging experience and a great way to learn about the marine wildlife that inhabits our bay.

Harry Taylor, 9EH

Host a French Exchange Student

Albert Park College is looking forward to welcoming Exchange Students from France in July this year. The students will be here for a year and we are looking for families in our school community who would like to host one of these students.

The aim of the program is to allow the French students the opportunity to experience life in Australia, enhance their English skills and to make new friends. As a host family you would involve the student in your daily routines and activities. If you are not able to host a student for an entire year you might want to consider hosting one for only a few months or so.

Families who are interested in participating in this unique experience, please contact Alison Patience, Head of French, at alisonpatience@albertparkcollege.vic.edu.au.

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YEARS 7 AND 8 APC FAMILIES HIKE - LERDERDERG RIVER

The Year seven and eight APC Families Hike down the Lerderderg Gorge saw 25 APC hikers spend three days in true wilderness, swimming in the river, cooking on open flames, navigating through the bush, and exploring old gold mines.

Josh Davis, year eight, reports "it was great success for both students and parents, now I know some people in the school's community a lot better. One of my favourite parts of the hike was when I was exploring the bush with one of the dad's and only two meters away from us was a tiger snake coiled up on a rock sun bathing. Another highlight was the camp fires, they were nice and cosy and brought everyone together".

Each student brought one parent, which somehow makes for a unique chemistry on the walk. Special thanks to teacher Jenna Carracher for giving up her weekend to wrangle kids and mix with parents around a camp fire.

Dominic Grounds



VICTORIAN INTERSCHOOL EQUESTRIAN CHALLENGE

Pictured on the right is year seven student Mia Grech competing at the Victorian interschool equestrian challenge 2014 held at the Victorian equestrian centre on the 24th of March. She won two ribbons; one for 6th in best presented and one for 7th more pleasure mount.

Congratulations Mia!



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YEAR NINE AND TEN APC FAMILIES HIKE REPORT



Above: The group at arrived at the hut at sunset.
Right: Views of Victorias Alpine reigion from the campsite.



The Year nine and ten APC Families Hike explored the area around Mt Stirling last weekend. We were gifted with great weather, fantastic scenery & a wonderful group of parents and students. The following article encapsulates the hike from the view of of the students Letitia Newsome.

I really appreciated the opportunity to go and hike in the high country with Lachlan. This is now my third family hike. It's great to have Babs Fairchild as a member of the school community to offer her experience and expertise so others like us can get out and have a go. We both enjoyed the walk and the spectacular scenery.

James Wallace-Smith contribution to our walk was invaluable, his knowledge of the high country was outstanding he often showed us things that we would have missed. His ginger snap biscuits and his stories of his adventures were a welcome addition around the fire.

All the kids on the trip were amazing, to think that they were thinking about others welfare and making sure to offer help to their peers but also to the adults in the group. I was impressed with all their attitudes and willingness to have fun and enjoy the experience for what it was.

One of the great moments for me was the sunset on our first night at Craig's Hut. the colours in the sky were fantastic,, the sunrise wasn't too bad either. To wake up in the morning to such a fantastic panoramic view was amazing.

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Another favourite time was around the camp fire whether it was everyone pitching in to help with dinner prep, or Julian for doing the cooking and everyone providing great funny stories of their past adventures. Whenever we had the fire, the billy was always on and Babs was very good at making sure we drank lots of hot drinks especially in the mornings before we would head off, to make sure we had rehydrated enough for the days hike.

We also got to drink fresh mountain spring water, thanks to some of the kids and some of the adults who offered to fill our water containers for us. I would like to say I met some great people and also caught up with some fantastic people from previous hikes and had a wonderful time. If anybody is thinking about joining in next time, I would highly recommend it, as a group we all worked together really well and had a great time.

Letitia Newsome



OPEN DAY 2014

A reminder that Albert Park College will be having its annual open day this year in May.

Date: Thursday the 1st May 2014

Time: 2.00pm - 7.00pm

Location: Albert Park College
83 Danks Street
Albert Park 3206



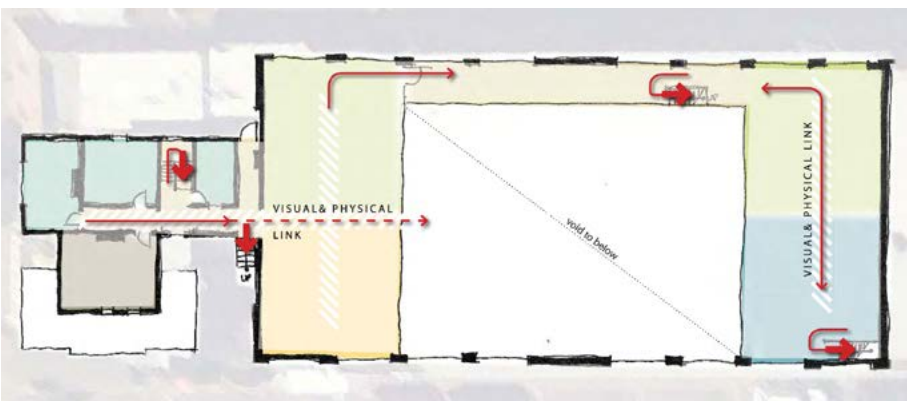
Website: www.albertparkcollege.vic.edu.au

You are most welcome to attend the day, join a guided tour, peruse displays and talk to our staff and students.

Foundation Principal Presentaion: 4.00pm and 6.00pm.

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ALBERT PARK AND CIRCUS OZ AN UPDATE



Last Monday, Daniel Andrews, Leader of the Opposition, made an election pledge to develop the Circus Oz site as a purpose built Year 9 Campus for Albert Park College. He also committed \$1.5 million to the development of the site-if they are elected!

This was a welcome announcement. We are excited about the opportunity to rebirth this heritage listed building as part of the Albert Park College Education Precinct.

It is also important to acknowledge that we have been working on the Circus Oz proposal for close to two years with The City of Port Phillip, DEECD and the state government.

We believe that we have presented a clear and coherent case for our expansion into the Circus Oz site and our enrolment projections indicate that we need access to the site in 2015.

Therefore, we remain hopeful that this initiative will be funded in the current budget round by the state government.

Steve Cook
Foundation Principal

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APC Families 2014 Snow Camp

Tues 26 Aug to Fri 29 Aug

Falls Creek Alpine Resort

What The Years 7 and 8 APC Families 2014 Snow Camp.

Following on from last year's hugely successful monster Snow Camp, it's on again!

The plan Four days skiing at Victoria's largest alpine resort, with daily lessons for the kids, staying in Halleys Lodge on the mountain (www.halleyslodge.com.au).



Places are limited, so your registration form must include a \$50 deposit. Snowboarders and skiers in years 7 and 8, all abilities, are welcome. Plus, we have some spots available for interested parents/carers to come join the fun for some quality time with their child.

Arrangements We will be travelling to Falls Creek by coach, leaving Albert Park College early Tuesday morning and returning to Albert Park College Friday evening. The price includes lessons (for students) and a four day lift pass for all participants. Students will be accompanied by teachers plus some parents. Once confident, students are given the latitude to explore the resort in small unsupervised groups.

When Early Tuesday 26 August to late Friday 29 August 2014

Notes Places are limited to students who can afford the time out of school. In the event of oversubscription, selection criteria will include timely registration and group diversity, at the Principal's sole discretion. Booking cancellation refunds will be provided only to the extent such refunds are obtained from suppliers or the place refilled. Helmets are compulsory for all students. Ski gear, helmets and parka/pants are available for hire. All adults must have a "Working with Children Check" card.



Registration and booking Firstly, please complete and submit this Registration Form (with a \$50 refundable deposit) in hard copy to the school office, and make sure you get a receipt. The school will then offer ~64 student places shortly after, for which payment in full must be made for the booking to be confirmed. A briefing will be held at the school later, which all skiers must attend with their carers.

Indicative Cost

Students	Students	Adults	Adults
Bring your own skis & helmet	Includes helmet, poles, skis/ snowboard, boots	Bring your own ski gear	Includes poles, skis/ snowboard, boots)
\$829	\$904	\$922	\$997

Cost covers four days lift pass & three lessons. (Adults may attend lessons with students). Three meals per day. Return travel. Three nights' accommodation. Packed lunch required for Tuesday.

Enquiries Tim Walsh (APC Families) 0400 221 266 timwalsh@techinfo.com.au or Eddie Gillespie (head of camps) 8695 9000 edwardgillespie@albertparkcollege.vic.edu.au

Register by 4:30pm Thursday 24TH April by completing and submitting the attached Registration form to the APC Office with your \$50 refundable deposit, and obtaining a receipt.

"We got to ski a lot, I was skiing with my friends all day. I loved the snowball fights and the food was great. It was a fantastic experience" Grace Kelly

"Four day's quality time with my son Graydon in his social environment, improving his skiing and mine at a discount price, making new friends with other parents, was simply fantastic" Paul Forbes



APC Families 2014 Snow Camp

Tues 26 Aug to Fri 29 Aug

Registration of Interest Form

Please hand this registration form to the APC School Office by **4:30pm Thursday 24TH April** with a \$50 refundable deposit

I would like to register my interest in attending the APC Families 2014 Snow Camp. I have attached a \$50 refundable deposit to this form. I understand that in accepting my \$50 refundable deposit Albert Park College is not guaranteeing me an offer of a place, and that I must obtain a receipt.

Years 7 or 8 Student Attendee Details: Please complete this section for each student

Student attendee name		Student Home Group
I have paid Essential Education Items fees in full, or have an agreed Payment Plan with APC*		Yes / No
Parent/Guardian Name		
Parent/Guardian Phone (please print clearly)		
Parent/Guardian Email (please print as big and as legibly as you are able)		
Parent/Guardian Signature		
Dietary or other health constraints (please circle)	No Yes Please describe in detail.	

**Students at APC are able to participate in Optional Enrichment Activities if the Essential Education Items fee has been paid in full, or an agreed payment arrangement made with the College. If you have not yet paid, please contact Pam or Kim at Reception prior to returning this form.*

Adult Attendee Details: Please complete this section if an adult wishes to accompany the student. (a separate deposit for the adult's registration is not required)

Adult attendee name		
What is your relationship with the student?		
I have a "Working with Children Check" card (please circle)	No Yes (a "Working with Children Check" card is required)	
I have dietary or other health constraints (please circle)	No Yes Please describe in detail.	
Other information/comments		

Please hand this registration of interest form in hard copy to the APC School Office by **4:30pm Thursday 24THApril** with **your \$50 refundable deposit**, and obtain a receipt. Offers of a place will then be made to a shortlist of registrants. The snow camp is only available to children who are enrolled at APC.

Port Phillip City Council presents *She Spoke – Southside Women on Wheels.*

This three-month program is dedicated to promoting women's participation in bike riding and also includes activities for children.

Bookings can be made at www.thesqueakywheel.com.au or call 9209 6274



Skills and workshops for women

Sat 5 April, 8.30 am – 4.30 pm

**[Assertive Riding for Women -
Advanced Skills Session](#)**

St Kilda, \$10/\$5

Sunday 4 May, 1 pm – 5 pm

**[Heels on Wheels -
Get ready to ride to work](#)**

St Kilda, \$10/\$5

Bike riding excursions for women

Sunday 6 April, 2 - 4.30 pm

[Pushy Women Excursion with Charlie Farren](#)

Starts in Albert Park, \$15



For families and children

Tuesday 8 + Wednesday 9 April, 9 am – 1 pm

**[Good2Go Course -
2 day bike course for kids \(9-12yrs\)](#)**

St Kilda, \$25/\$5

Sunday 27 April, 11 am – 2 pm

**[Cargo Bike Family Picnic](#)
Edwards Park, Port Melbourne, FREE**

Saturday 3 May, 9.30 am - 11.30 am

**[Wheelie Workshop for Kids
\(2-8yrs, accompanied by guardian\)](#)**

St Kilda, \$5/FREE