UNDERSTANDING MOTIVATION

“You control your life outcomes through your talent.” – David Parkin.

One of the greatest challenges we face is how to motivate both ourselves and others. At Albert Park College we start with a culture of high expectations, creating a high demand, high challenge environment in which we demand the very best from our students.

We foster a climate of creativity and innovation and encourage our students to look for creative solutions to high challenge problems. We understand the power of really knowing our students and understanding what drives them. We know that motivation is the key to their success.

That is why I was so pleased to be able to hear David Parkin speak on the topic of “understanding motivation.” He certainly shed more light on this important topic. He has a unique perspective as a former AFL coach, academic and author specialising in leadership and motivation.

He started controversially by stating that you cannot motivate others. He argues that ultimately each individual will decide what behaviours they are going to use. They will decide whether they energise their talent or not and whether they persist or not. However, it is our responsibility, as parents and as educators, to discover and nurture the talents of each child.

CONTINUED>>
In order to do that we have to understand them first as people. He urged us to have as many conversations as you can with each child. He suggested that they identify five things they are good at and then ask them to explain: why they are here, where they are going and how they are going to get there. He believes it is critical to give them a sense of direction, a sense of purpose.

He outlined the critical elements of motivation which he characterised as: biological needs, carrot and stick, security of belonging and being good at something.

He also asked us to go further and ask each child more broadly; what are you doing in life? What other things, apart from school, are important. This is a good fit with our focus on developing each child as a global citizen.

Interestingly, he went on to link motivation with leadership. David has interviewed fifteen of Australia’s great leaders, male and female, over the past five years. At the end of his study he identified two things about good leaders that stood head and shoulders above the rest.

Number one was passion and enthusiasm to get the job done. He urged us all to follow our passion and energy. Number two was making sure that this person cares about me, above and beyond their role, as a teacher or student.

David’s passionate presentation reinforced for me the validity of our approach at Albert Park College. The critical nature of understanding each and every student and building a relationship with them. Our focus on one to one careers advice, gives students real choice and real direction in the subjects they study. It enables them to follow their passions and future pathways. It is an approach that bodes well for the senior years at Albert Park College.

Steve Cook,

Foundation Principal.

SPONSOR A PANEL

Our aim is to add a further 20 kilowatts of solar panels this year with the ultimate aim of creating a 90 kilowatt system over time.

If you would like to be a part of this project you can purchase one or more panels by donating directly to the College. Each panel costs $380.00 to install, this is the total system price divided by 40 (40 panels for a 10kWp system). Effectively, if we get 40 families donating a panel we can go ahead with phase two and add an additional 10kWp.

If you have no roof space at home and you want to teach your child about energy saving this is a great way to play your part in establishing Albert Park College as an energy hub in our community. We have a lot of roof space to cover!
APC ART SHOW 2014
The College would like to thank all those involved in the organisation of the Art Show.

Every year so far has seen a huge amount of support and expertise freely given and the show wouldn’t be possible without the help we receive.

We look forward to seeing what new and exciting work we will receive in the coming years.
APC STUDENT ACHIEVEMENTS

ROBOCUP JUNIOR COMPETITION

Two and a half weeks ago, I participated in the state level of Robocup Junior. There are three different divisions that you can compete in and then there are further divisions in each of those three divisions, on the day I was competing in the open division of rescue. In rescue, the goal is to make the robot follow a line to a predefined target, once the robot gets to the target tile, it must then pick up a victim and place it on a platform, after this it needs to get out of the target tile. Along the line are obstacles such as; a bridge, speed bumps, a water tower that the robot has to navigate around and a see-saw.

Due to the competition being at Melbourne University for the first time, it was harder to find where the competition was being held but after that it was a much better venue than Scienceworks which had been hosting the event for quite a while. On the day I had to complete 5 different courses, each one being more difficult than the last one. Luckily the robot was able to complete all of the courses but when it came to picking up the victim and placing it on the platform, the robot was unable to line up with the victim in order to pick it up so I wasn’t able to fully complete the courses which was annoying since I have put over 30 hours of work to create and program the robot. All of the programming was done by myself and was very stressful as it is mainly trial and error testing to make sure that it is working, the robot was based off parts of two models and then there was quite a large amount of it that I just built without any instructions.

Harry Jupp

U13 NATIONAL HOCKEY CHAMPIONSHIP

Congratulations to one of our Year Eight Students, Sophie Crandall. Sophie represented Victoria in the Under 13’s National Hockey Championships over the holidays. She had a terrific time playing with and against the best under 13 Hockey players in Australia and was a vital part in helping Victoria take 3rd place.

Well-done Sophie.
YOUTH IN CHAMBERS

On the 29th of October 2014, the APC Student Forum attended an event at the St Kilda Town Hall, known as the Youth in Chambers. Student Forum members gave a presentation to the Mayor and Councillors of the City of Port Phillip on what we have been doing at APC for this past year. The subject of our presentation was The Winter Sleepout event that took place in September, which involved a group of students sleeping rough for a night in the school courtyard. For the past few weeks we have been developing a presentation that was composed of a series of small speeches by each member, accompanied by a very cool introductory video.

Whilst presenting to the councillors was quite nerve racking (as most important presentations are), they were extremely accommodating and gave us their full attention and asked very intriguing questions once we had finished. Personally, I was quite impressed by the work that other schools in our area have accomplished over this past year, and there is most certainly a very high standard of work amongst all the schools in the City of Port Phillip. Once we had completed our presentation we were given some complementary food and beverages, and allowed to mingle with students from other schools and councillors. In conclusion, The Youth in Chambers was a very inspiring and intriguing event that prompted us to learn the boundaries and strengths of what The Student Leadership Team is able to achieve.
JAPANESE DELEGATION TOUR

Foundation Principal Steve Cook leads the tour of the College.

The Albert Park College was excited to host a delegation of teachers and educators from Japan earlier this month. Teachers and students were on show while the visitors were toured around the College. The focus of their visit was to explore the effective integration of e-learning in schools.

The College’s reputation as a school that is pushing the boundaries of technological innovation means that we are an example to national and international educators, and it is a reputation that we are proud of.

APC MUSIC PERFORMANCE

The Albert Park College Music Concert was held last Thursday, the 6th of November, in the Albert Park College Drama Space.

The concert was a huge success with both solo and band performances. The school was well represented by the students who made a special effort to practice their pieces for the night.

We thank all the parents and friends who attended the evening and hope to have many more performances that show case the fantastic talents of our very talented students.

Lead Create Inspire
TERM FOUR INSPIRE CLUB LIST

This semester's options for inspire clubs. Albert Park College strongly encourages its students to partake in the variety of inspire clubs offered by various teachers and departments. These clubs are a great way to expand your skill set, catch up with fellow students and enrich the culture of the school.

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BEFORE SCHOOL

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AFTER SCHOOL
RECESS

A Production by Year Ten Theatre Studies Students

20th of November
1:00PM & 7:30PM

APC DRAMA SPACE
Adult $20 Student $12.50

Bookings: www.trybooking.com/GFRP
SkillsFest 2014
A pop-up festival of skill sharing

- skills for life
- make, grow, mend
- music making & entertainment
- free activities

- all ages and abilities
- healthy eating
- old and new technology
- free food and drink

Learn, Share, Connect
Saturday 22nd November, 2-6pm
Port Melbourne Uniting Church, cnr Bridge & Nott Sts
ph 9690 1188  www.facebook.com/SkillsFestPortMelb