On Monday we launched the International Baccalaureate Diploma Program at Albert Park College. This is an exciting new initiative for students commencing Year 11 in 2017.

The International Baccalaureate (IB) is an internationally recognised alternative to the VCE and operates at more than 2,500 schools across 147 countries world-wide. A consistent global curriculum means that the IB is recognised around the world and opens doors internationally for students who wish to pursue further work or study options abroad.

The IB aims to develop inquiring, knowledgeable and caring young people who help to create a better and more peaceful world through intercultural understanding and respect. It encourages students to become active, compassionate and lifelong learners. Students are encouraged to think critically, and creatively, improve communication skills, develop an awareness and appreciation of other cultures, and establish a pattern of commitment to learning.

The IB is something we are proud to be associated with. It is a good philosophical fit and aligns well with our core values. Its emphasis on international mindedness matches our commitment to creating global citizens.

We share its emphasis on developing independent thinkers and high achievers and are drawn to its focus on creativity, community and the environment.
Albert Park College is fully committed to this program - to resource it, support it and to guarantee its success.

Over the past three years we have completed all the preparation required – and it is exhaustive. The Principal class team have been trained to administer the program and our teachers are fully trained and ready to deliver it.

We have travelled to other IB schools both within Victoria and interstate and visited the Asia/Pacific headquarters in Singapore both to deepen our understanding of the program and to build important relationships with the IB team.

The IB is an excellent option to consider for motivated students prepared to work consistently over the two years. So if you want your child to complete a globally recognised certificate please carefully consider undertaking the IB.

Steve Cook  
Foundation Principal

For further information about the IB Diploma program please e-mail Anne Stout at annestout@albertparkcollege.vic.edu.au

City of Port Phillip - Parking Regulations - Please note

The City Of Port Phillip that parking officers will be patrolling the College area daily. They will be photographing and fining cars that are double parking outside the College during morning drop offs and afternoon pick ups. It is important all comply with appropriate road rules therefore ensuring the safety of all.

Lead Create Inspire
During the last school holidays, James Wallace Smith led an incredible expedition to Nepal with 12 teachers from APC going and 4 other friends. Jenna Carracher, Edward Harris, Eddie Gillespie, Jessica Langdon, Michael Pye, Eddie Gillespie, Oscar Hedstrom, Jessica Gennery, Cristina Chang, Duncan Box, Arlene Fletcher and Brooke Ryan left on the Thursday night at the end of Term One and embarked on an action packed 15-day adventure in the Himalayan Kingdom that included three days in Kathmandu, a seven-day 100km hike in the Himalayas, an overnight rafting trip, an Everest mountain flight and some time in Chitwan National Park with elephants and rhinos and lots of amazing food.

The trip commenced with the group spending two days staying in and exploring the Ancient Kingdom of Bhaktapur, which is a UNESCO World Heritage site. It an extremely beautiful place, full of ancient temples and amazing architecture. Sadly, part of it had been affected by the 2015 Earthquake and two schools had been very badly damaged. Fortunately, APC had done some fundraising towards the end of Term One and we were able to donate $2000 to two Secondary Schools, which was greatly appreciated by the two Principals and will be used to help with rebuilding. It was awesome to visit some Nepalese schools and meet the teachers and students there. One of the things that APC and both schools had in common was the true commitment to the students as central to all of their work.
We then set off from Pokhara for a 7-day hike in the Annapurna ranges, where we all trekked up and down for 100km, through the local paddy fields and villages and loved almost every minute of it! After the magic and beauty of the Annapurna and its people, we went on an overnight rafting trip on the Seti River and then stayed in Chitwan National Park at an Elephant Sanctuary, where most of the group went on an amazing early morning safari trip to spot some elephants, rhinos and crocodiles. On the final day, we filled a tiny plane with teachers and made a close flyby of Mt Everest; a perfect end to an incredible adventure.

The trip was an amazing experience and there was never a dull moment. It was a real testament to the positive culture that we have developed amongst staff here at APC. The group was amazing and the trip really was an absolute experience of a lifetime, Thanks to James & Chandra (James’ friend & our guide in the Himalaya)!

For more photos of the adventure click here.

Brooke Ryan & Duncan Box

Our Philosophy teacher had the pleasure of sitting next to a Tibetan Monk, Matthieu Ricard, on the plane to Kathmandu. He had some great tips for a Buddhist text our Year 12 class is studying, regarding the continuity of self. As it turns out, Matthieu is said to be the happiest man in the world according to US Neuroscientists, and a close confidant of the Dalai Lama. You can learn the secrets of happiness in his TED Talks here.
APC Donation to Schools in Nepal

Just a quick note to inform you about the fundraiser we did late last term for two badly damaged Schools in Kathmandu from the 2015 Earthquake.

I am pleased to inform that a few APC staff personally donated the $2,000 that we raised to the Head Masters of Shree Padma Higher Secondary School & Sharada Higher Secondary School. The two Principals were extremely grateful, as were the staff and students we met. These photos of the two schools show the moments when we handed over our donation.

It was an emotional occasion visiting the two schools, observing and hearing about what had occurred. The money donated will go a long way with assisting the two schools to get back to functioning like they were pre-earthquake.

Thanks again for your support with the Nepal fundraiser.

Reminder notice

Albert Park College’s Annual General Meeting will be held at 7 pm on Tuesday 10th May at the Library. Any interested parents are welcome to attend, the topics covered will be:

- Future Directions - Mark Sheppard, School Council President
- Overview of the 2015 school year - Steve Cook, Foundation Principal
Top team sails into victory!

Over the sailing season (Term 4 & Term 1), a total of 25 APC students, ranging from Years 7 to 11, trained at Royal Melbourne Yacht Squadron (RMYS) and competed in regattas all around the bay as part the APC Sailing Team.

Finishing off a busy and successful summer sailing season, the APC Sailing Team, fielding two teams, competed in the Victorian Schools State Championships in March, hosted at RMYS.

After two days of racing, our top team finished as 1st State School and 2nd place overall in the 2nd Division. Team Captain, Nicholas Neales (Yr10), reflects that “this year we had our strongest ever team competing in division two at states. After three years of training and competitions our team has finally come together.”

Schools Team Sailing is unlike regular fleet racing, but instead two school teams of three sailboats race to try and achieve a winning combination of places. It requires a high level of skill and knowledge of race rules to outsail your opponents. “As a team we were all so proud of each other and as the captain it was great to see how far we've come as a group.”
Our communication on the water and our race planning were two of our strengths that helped win us races. Our goal for the next year is to keep training through winter and try to take a shot at division one in next year’s state titles” Nicholas said.

Sailing Team Manager Mark Ashkanasy had this to say: “Teams Sailing is one of the only interschools sports where both male and female athletes compete together, along with schools both Private and Public, makes our results at this year’s event even sweeter! Thank you to our season coach Lloyd Collings along with coach Leigh Brennan-Smith from the Royal Melbourne Sail Training Academy for their guidance and support.

The Team will not rest on this success, with the step up to Division 1 required to compete at the National Australian Championships in the coming years as our long term goal.”

Regattas were held all around the bay, including St Kilda, Brighton, Geelong, and a girls only regatta hosted at Daveys Bay in Mt Eliza (see picture).

The sailing season will commence again in Term 4 and we are excited to welcome new members. Contact Eddie Gillespie at sailingteam@albertparkcollege.vic.edu.au

A huge congratulations to Christophe Michael in Year 8 for his spectacular performance in the Diving State Finals held at MSAC on Wednesday 20 April. He placed first in his category! Well done Christophe and good luck at the next level.
Year 10 Bronze Medallion Camp

As part of the Year 10 Physical Education elective, 22 students travelled to Anglesea for a four-day camp, aiming to attain their Bronze Medallion in lifesaving. Students stayed at the Anglesea Surf Life Saving Club, and under the supervision of their teachers and life saving instructors, were trained and assessed in areas such as first aid, CPR, surf skills, rescues and the run-swim-run. All 22 students passed the assessment and received the Bronze Medallion, with some students having already patrolled at local clubs Port Melbourne, South Melbourne and at Anglesea.

Debating at APC

Albert Park College has registered six senior teams in the Debating Association of Victoria Competition this year. In this program students learn how to debate, engage with real world issues and compete against other schools in our region.

In round 1 students debated the following topics:

"That we should ban the sale of alcohol after midnight (C Grade)"
"That we should legalise Uber (B Grade)"
"That the media should not be permitted to report on criminal cases until after the trial (A Grade)"

Teams are off to a flying start with both C grade and B grade teams winning their first rounds against Sandringham College and Leibler Yavneh College. The A grade teams suffered narrow losses and are now even more determined to win their round 2 debates. Ellen Waite, William Hunt and Simone Varney received best speaker awards for their respective debates. All students should be congratulated on their exemplary performance.

House Debating and the External Junior Debating Competitions will commence in term 3.

Lead Create Inspire
Student Leadership

On Wednesday the 20th of April, members of the junior SRC attended the Council of Port Phillip’s leadership forum. It was a day devoted to teaching the core fundamentals of leadership in an enjoyable and interactive way as well as exploring possible solutions to people lacking self esteem and eradicating the harmful act of bullying. The forum was attended by the student leaders of many primary and secondary schools in the area and paved the way for a collection of student-led projects which intend to tackle one of the two aforementioned subjects, self-esteem or bullying. Planning our projects, however, was merely a single section of what was a jam-packed day.

The first section of the day was a presentation by Project Rockit (No, that isn’t a typo) in which they covered topics ranging from public speaking to judgment in what was an incredibly entertaining and informative presentation. This was followed by a series of engaging activities and brainstorms led by the YMCA team centering around leadership and teamwork. Presenting and discussion our own projects was the final product of the day. Overall the day was an opportunity for us to focus completely on making ourselves better leaders.

We were given a chance to explore different leadership styles, the important aspects of working in a team, how to lead a team effectively and more. This was taught mainly through team-building activities and subsequent reflection.

The best bit of our day was coming up with an action plan to conquer cyber bullying at our school. We identified this as an ongoing issue and it needed to be addressed. From many early ideas we narrowed down to one concept, which all years levels could enjoy and engage with. We decided to make a video about cyberbullying that could be humorous but also very eye-opening. We plan to set up the drama space as a comfy cinema type setting. We will play the video while the student body watches. We feel this will help victims know how to handle cyber bullying but will also targets the bullies to show their impact on people’s lives.

Another popular plan was to create a ‘bullying support’ email account that students can anonymously send an email to, explaining what is happening. Then a member of the Junior SRC can email back with support and advice. The Junior SRC feels this will be productive because if a serious matter is happening people can be made aware and can help solve the issue.

All up it was a great day and all of the Junior SRC found it productive and a fun-filled. We all are very excited and can’t wait to proceed with the plan and make sure it is success to help prevent cyberbullying in our school. Later in the year we will go back to the St Kilda Town Hall and present how our event went. We learnt a lot and can’t wait to put what we learnt into our plan.

Thank you,

Grace-Ann Faulkner and Oscar Pearce
VCE Business Management Market Day

On Wednesday 27th April, 48 of APC’s VCE Business Management students transformed the school courtyard into an exciting, energy filled space. The courtyard was home to 12 small businesses for the day. Waffles, milkshakes, nutella donuts, ice-cream, corn chips and dips, homemade baked goods, hot chips, dim-sims, sausages, and more were a few of the amazing, delicious products being sold to students and staff on the day.

The students worked in teams of four in Semester One to create a business idea, complete a comprehensive plan for their business and then execute that plan. Groups needed to produce marketing strategies, conduct market research, complete financial budgets and master other concepts to successfully operate their small businesses - ideas that they had created.

The day was a huge success, with amazing weather and atmosphere right throughout the day! There was a huge crowd of students and teachers filling the courtyard in recess and lunch to purchase all the delicious foods and drinks that were being sold. The businesses also made a profit of $1,100, which will be donated to the Salvation Army and the Fred Hollows Foundation, with both charities chosen by participating students.
APC Sports

Congratulations to the Year 7 Girls Volleyball squad for their efforts last week competing in the Beachside Interschool Sport competition. APC’s ‘A’ team progressed to the next round of competition completing the day undefeated after a close match against Mentone Girls’ SC. APC’s ‘B’ team proved to be tough competition for their pool losing a very close match to Glen Eira, which saw the girls finish second in their pool. Well done to all involved!

During week One of Term Two, all Year 7-9 students participated in cross country along the beach esplanade in their sports lesson. Congratulations to all students for their efforts and great to see some fantastic times across the grades. Unfortunately, some keen Year 9 runners were absent due to Da Vinci camps; however, a make up cross country session will be organised with these students to trial for the Interschool cross country squad. Further information for the Interschool cross country team to follow. Congratulations to all students who recorded the fastest times amongst their year level!

The Year 7 tennis teams had a fantastic day out at Dendy Park, with both Boys A and B teams beating APC’s C team to come away undefeated. The Girls team played really well but had some tough competition from Mentone Girls. The following players will continue on to the next round of competition: Jonatan Moren-Proudlove, Zac Climpson, Gus McDonald and Felix Rossignol. Congratulations to all of the other players involved who displayed excellent sportsmanship and played some great Tennis.

Congratulations to the following girls for their fantastic efforts and results at the Inter School Swimming State Finals at MSAC: Ebony Faulkner (50m Breaststroke 4th), Alexandra Arenius, Hannah Magasanik (50m Freestyle 2nd and 50m Backstroke 3rd), Jayde Cosford and Kala Bailey. Together they achieved first place in the 12-14 medley relay!

At the end of Term One, a group of APC students competed in the SSV Secondary Schools Golf Tournament held at the prestigious Woodlands Golf Club. The boys had a great day on the immaculate green, conducted themselves in a very mature manner throughout the tournament and were great representatives of the College and the calibre of our students. A big congratulations to Lewis McIntyre who played an excellent game of golf and tied for second place in the senior boys category.
Welcome to the first edition of the Food Technology Recipe Corner.

This month we focus on the Year 8 students, who will be learning about chefs & cooks. This topic revolves around extending students awareness of the current food trends, cooking directly from recipes from famous chefs such as Jamie Oliver, Donna Hay, Maggie Beer, Margaret Fulton and Bill Granger.

This week students will be following a recipe from cook and food magazine editor Donna Hay to make Summer Crumb Pasta. They will be learning sensory qualities, production techniques and processes, 3 ways to improve the nutritional quality of the dish and will be required to provide comment on the language and recipe description.

By the end of the lesson, students will be able to demonstrate an ability to make a non-traditional pasta dish and be able to explain the difference between a chef and a cook.

**Crumb Pasta - Donna Hay**

- 200g spaghetti - pre-measured for you
- 1 and ¼ cup of sourdough bread
- 8 halves sun-dried tomatoes
- 2 garlic cloves, crushed
- 1/2 tbsp olive oil
- small handful of small basil leaves
- 4 Bocconcini Balls, halved
- 2 tbsp balsamic vinegar
- extra olive oil and finely grated parmesan (1 tbsp), to serve

Cook the pasta in a large saucepan of boiling salted water for 8–10 minutes or until al dente. Drain and return to the pan to keep warm.

While the pasta is cooking, place the bread, tomato, garlic, and oil in the bowl of a food processor, season with salt and pepper, then process in short bursts until the mixture resembles small crumbs.

Heat a frying pan over medium-high heat. Add the crumb mixture and cook, stirring, for 4–5 minutes or until crumbs are golden. Toss the crumbs and basil with the pasta.

Divide between serving bowls and top with the mozzarella. Drizzle with balsamic vinegar and extra olive oil. Sprinkle with parmesan.
Excursion to Joy94.9 Radio Station

Miss Moleta and a group of Year 12 students took the day to learn how to produce, program and present their own radio program!

Paris, Melanie, Chloe and Simone headed to the Joy 94.9 studios in the city to spend a full day exploring the world of radio.

They wrote their own scripts, conducted interviews and even edited their own podcast. They explored topical issues on air such as: discrimination, uniform policies and alternative education pathways.

At the end of the day students walked away with their own podcast that they were able to upload to the airways.

We look forward to hearing these talented students on the radio one day in the future!

Performing Arts Program

We continue to demonstrate the school’s dedication to excellence within the performing arts, hosting concerts within each discipline as well as the annual Vaudeville production.

Please click on the image on the right (you will need an APC login) for more information on upcoming school performance’s as well as our overall Performing Arts Program.
Term 2

The Dance Show & Annual Music Concert

The Dance Show is a full-length dance work choreographed by APC Dance students in response to a stimulus. This year’s theme is ‘Dreaming’.

The Annual Music Concert is a celebration of the instrumental music program at Albert Park College.

Directors: Ms Jenna Carracher, Ms Arlene Fletcher & Mr Dean Gourley

Tuesday
21st of June
7- 9.15 pm
APC
Free Event
APC Trivia Night - Tickets are now available online!

Please click on the above image or go to: https://www.trybooking.com/LFQX

If you can donate a good/service or your time please contact Shelly Osler at: Shelley.Osler@myer.com.au
HELPING ON THE NIGHT

The Trivia Night is a lot of fun but we do need help to make it a success. If you are able to help with any of the following areas, please email Shelley to sign up. All volunteers would be appreciated, and first-timers are most welcome!

WE NEED DONATIONS FOR THE LIVE AUCTION

Have any items to donate for the live auction? Please contact Shelley if you are able to assist with any appropriate items.

SILENT AUCTION & RAFFLE ITEMS

The Trivia team are seeking donations/items from the school community for the silent auction and raffles.

Please contact Shelley if you can donate any items such as homewares, vouchers, art works, sport equipment, services etc. All items greatly appreciated.

SAVE THE DATE!

Friday June 17, 7 – 10pm
APC Drama Space

Get your thinking caps on...it’s trivia time again! Gather your friends and join us for another fun-filled trivia night at APC!

Get in quick as tables book fast! We look forward to seeing you there!

HOW TO CONTACT SHELLEY?

Shelly Osler can be contacted at: shelley.osler@myer.com.au