PRINCIPAL’S SAY

“If I had my life to live over again, I would have made a rule to read some poetry and listen to some music at least once every week.”
Charles Darwin

In a month of highlights the Annual Vaudeville Show stood out. An audience of 471 filled the state theatre in a sold out performance as our students danced and sang their way through a night of drama, dance and music.

Most notable was an increased air of sophistication in the performances as our senior students added an air of political and social awareness to their acts.

In particular, the drama performances, which punctuated each live dance and music performance, were witty and creative works that really made the audience stand up and think.

The dance program continues to impress with the range and athleticism of the performers proving to be a real highlight. Musical items moved from sophisticated instrumental works to moody solo performances with the choir providing one of the highlights of the night.

Short films punctuated the evening and provided thought-provoking and atmospheric moments for the audience to consider.
All of this was brought to life by our performing arts team who dedicated several months to bringing together the full range of creative talent at the College.

The vaudeville show backed beautifully onto our first ever festival celebrating the Liberal Arts. Titled “Artists, Poets, Creatives” this week long event will now become part of our annual calendar. It brings into the school setting leading writers poets and playwrights and enables our students to showcase their original work.

Students read their work to a packed audience on the Friday night in what were moving and heartfelt extracts from a larger anthology of student work. John Marsden was the keynote speaker and he shared inspiring stories and practical tips on how to make a love of writing both a hobby and a career.

Throughout the week our writer in residence, Liam Pieper, worked directly with our students, workshopping their original pieces of writing and offering guidance and support to those students who wish to become published authors in the future.

Over the weekend, a range of leading writers presented to audiences of students and our broader community. I particularly enjoyed the honesty and openness of Alice Pung as she described her experience of growing up as a migrant in Australia. She proved herself to be a source of inspiration for everyone in the room.

Dennis Glover, a parent of the school, and one of the foremost authorities on George Orwell in the world, shared his experience in tracing the life and experience of Orwell. This presentation really resonated for our students as Orwell is a fixture on our booklists.

Anchoring the entire festival was the Albert Park Rotary Club. Our major sponsor, they also ran a massive book sale over the weekend with the proceeds going to support community projects and an on-going commitment to developing a love and understanding of the Liberal Arts.

Both of these events speak to our passion for the arts and creativity. They are community based events that enable us to reach out to our community and enable our community to be part of the life of the College.

Key partnerships with organizations like the Avenue Bookstore and the Rotary Club of Albert Park allow us to bring creative voices into our community and add a layer of richness to our community.

Ultimately, this is what education is all about, opening up new ideas, new horizons for our students. Inspiring the next generation of artists and poets and promoting an appreciation of creativity and beauty.

-Steve Cook
Foundation Principal
Vaudeville!

For the past few months, a multitude of APC students were hard at work preparing and rehearsing acts for APC’s annual Vaudeville event, which took place on August 19th. A diverse range of music, dance and drama acts demonstrated the unique talent that our school has to offer. More importantly, the evening was a display of the inclusive culture our school has developed over the past 6 years.
Students from every single year level took part, and as a member of the first graduating class, it was an incredibly special moment for me to be sharing the stage with so many students that have a common love for the performing arts. The amount of effort and hard work put into producing the show truly was incredibly evident and I’d like to both personally - and on behalf of all the other students involved - thank all of the teachers and the principal team that have continued to make Vaudeville such a special event.

- Hayley Trinca

Vaudeville began as an opportunity for us to showcase our talents, but I truly believe that it has grown into something much larger. It has been engrained in our school’s history as the first whole school performing arts tradition, and really reflects the school culture of creativity and inclusiveness.

It is true that the rehearsals are an arduous process, and that they never seem to end, however I would never replace these moments for anything else!
These are the moments that I will remember when I reflect on my time at APC. Vaudeville is so much fun. So. Much. Fun! I highly encourage everyone to join as it really does not matter what you do. I basically rolled on stage this year, and I had a blast. I will forever remember those who were involved, and I can’t wait to come back next year and be completely blown away.

-Eric Loong

We are lucky to have such fantastic images that capture the essence of Vaudeville!

We would like to thank Simon James Photography.

All of his images are online, you can find them following this link:

Find your performance photo here

Password: danks83
Albert Park College’s inaugural Liberal Arts Festival, ‘Authors Poets Creatives’, was nothing short of a profound success! It ran over two days, the 29th and 30th of July, and consisted of insightful presentations and workshops by authors Alice Pung and John Marsden as well as a vast and intriguing array of guest speakers including Dennis Glover, Catherine Pacart, Sue Neales and more. The Dickens Fellowship performed an entertaining and dramatic reading of Dickens’ work. This was all supported by several student speakers who presented their own work on the Friday evening, and many others who participated in the Open Mic event on Saturday.

The festival was a unique celebration of the word and its many uses, from the humble story to philosophical questions of great significance. ‘Authors Poets Creatives’ was a truly enlightening event and one which has the potential to continue long into Albert Park College’s future.

By Oscar Pearce
The following poem was performed on the Friday evening, during the inaugural night of the Authors, Poest Creatives Festival. Congratulations to Raya, it is a beautiful piece.

**The Power of Words by Raya Defteros Year 8**

Oh, words  
The subtle flick of the tongue against the teeth  
The tumbling in the mouth  
Elegant at times, yet so crude  
How carelessly we use them  
A casual insult here and there,  
Speaking without meaning as disjointed sounds  
Roll from our sunken lips  
These sounds, barely melodies  
The slightest hint of vomit and fatigue  
In our meaningless conversations  
How is it we allow them to consume us?  
I'll tell you how:  
With fingers pirouetting across keyboards  
Tendrils of hatred that latch on and refuse to let go  
That is how  
With secrets breathed in empty bathrooms  
Oh the awe, the wonder, the disbelief  
"Did she really?"  
Never again will they look at her without a stifled laugh  
With the snarled, guttural phrases  
That tug on the skin of the boy walking past  
Leaving his flesh red and raw  
He just doesn’t seem to fit  

But amidst the cruel words  
The sentences manipulated beyond recognition  
The wave swelling and doubling in size -  
There is some good  
There is comfort  
In the swirling warmth  
Curving to take the form of a friend  
Who murmur encouragements  
In the words that form ties and bind friends, families  
People united  
The sentences dripping  
In simply being together  
In the paragraphs that reek of power  
That have the strength to change people’s minds  
For them to open their hearts  
And see good  
Words can do terrible evil, it is true  
But that they can also do great justice  
Destroying and resurrecting  
Changing the world with a simple phrase.

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**ART SHOW**

**14-16 October**

**Our Annual Art Show will be held at our New Bay Street Campus**

**Artist entries close September 5th!**

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**Lead, Create, Inspire**
Masterclass Workshops with Author in Residence

As part of the inaugural ‘Authors, Poets, Creatives’ Festival, author and journalist Liam Pieper joined Albert Park College as writer in residence for a week. Liam worked with a group of talented students on how to take a short story from the back of their minds to the printed page; he taught them how to make their passion their career.

Writing is different to a lot of other jobs, as the path is a little more winding. Everyone finds their own way. Liam was available to give honest feedback on the highs and lows of his writing career with advice on how students can find the best way forward in the creative world.

Over one week, students pondered, wrote, discussed and created literature. They learned how to approach publications and pitch. All writing produced in the workshop went into consideration for publication in the online literary hub Writers Bloc – with paid professional guidance and pay-rates.

The quality of the work students produced far exceeded what the magazine was expecting, which resulted in three students having their work published:

- Raya Defters
- Rocio Wilson Camina
- Josh Weber

These students are to be commended for their wonderful achievement!

Albert Park Anthology

The 2015 Albert Park College Anthology The Shadow That’s Always Tailing Us is now on sale! The publication is comprised of original short stories, poetry and essays from our Albert Park College students. In their pieces, students explore issues such as gender equality, the impact of war, conflicts in identity and struggles with emotions.

The student Anthology Committee worked tirelessly through the publishing process, editing pieces, selecting appropriate artwork and section titles. They are incredibly proud of the final publication and are eager for the Albert Park College community to read The Shadow That’s Always Tailing Us!

If you would like to purchase a copy you can do so by either calling or visiting the Danks Street Reception. The cost of the book is $20.00 and payment is required before we can place an order. Delivery will take a week after your order has been placed.

Congratulations to all of those involved in this amazing accumulation of student creativity!
Year 10 Photography Excursion

On Wednesday, 10th August, Mr. Stanecki’s Photography class visited the Photography Studies College on City Rd, Southbank, getting a guided tour from third year students at the college. In documenting their journey, Year 10s explored the architectural gems hidden within the alleys and streets of the CBD.

They then visited the Greg Semu exhibition, exploring the ideas of reinterpretation of historical events by First Nations people, as well as Semu’s cinematic presentation of his photographic works.

Thanks to Suzanne Playfoot in her capacity as teacher candidate for her excellent support.
Songwriter week

As music captains, Lily Ward and myself wanted to further display the talents of APC’s musicians and as a result, Songwriter Week was created and celebrated from August 8-12th.

Each lunch time, music students including Henry Milkota, Asha West, Lily Ward and myself performed a set of original pieces in the courtyard. It was such an excellent display of original music and I’m sure we will only hear more of such performances in the future.

On Thursday, Geoffrey Williams also performed as a guest which was truly an engaging and entertaining performance and we are very thankful to Geoffrey for taking the time to perform for us! We hope that Songwriter Week will continue to grow in the years to come.

-Hayley Trinca

Design & Technology student visit to ‘Whelan the Warehouse’

A selection of Year 10 Design and Technology students recently visited the Port Melbourne timber company “Whelan the Warehouse”. Students learnt about some of the fine details of timber finishing and were given access to industrial machinery to further refine their timber joinery products.

The students enjoyed their time at the company, improved their skills and appreciated the access to industry.

- Mr. Pye Design and Technology teacher
Boys ‘Go Wild’ for: 

Albert Park College is proud to work again with Arts Centre Melbourne towards their upcoming dance production of “The Lord of the Flies”. First created in the UK by acclaimed choreographer and director Sir Matthew Bourne, and running for the first time in Australia through Arts Centre Melbourne, this is an exciting and rare opportunity for boys to explore their potential interest in dance and movement and to interact with professional dance artists.

APC students have the opportunity to be involved in up to three dance workshops hosted at APC from October to December this year. Workshops are open to boys from years 7-12, and no experience in dance or theatre is required.

Following the workshops, students can audition to become part of the professional cast (from the UK and Australia), creating a company of approximately 30 young men and boys for the production of Lord of the Flies, to be presented at the State Theatre in April 2017.

For who:
Young men / boys, year 7-12 inclusive, of all ability levels. Beginners most welcome.

Duration:
1.5 - 2 hours. It is anticipated that the workshops will run during periods 4&5 of the school day, dates yet to be confirmed.

Workshop capacity:
APC workshops have a capacity of 30 students. Students will be assigned a place on a first come, first served basis. Workshops will be adapted to suit the needs and abilities of the participants.

For more information click here, here and here.
Last term I was lucky enough to be a part of the STEM (science, technology, engineering and mathematics) project with Masters students from the University of Melbourne. My involvement in this project was centred around the technology portion of STEM, working with Melbourne University students Ruining Dong and JinTian Gao on designing and coding a website in HTML and CSS.

Working with Jintian and Ruining gave me the opportunity to not only gain a greater understanding of HTML and CSS (the programming languages) and be introduced to applications such as GitHub (online project hosting) and Atom (desktop text editing application). This experience also allowed me to speak to them about careers in IT and computer science. Speaking to them gave me an insight into the broad range of careers that are available in a wide area of industries (anything from working with zoos to working at Google) from studying computer science or information technology.

My website itself was created for a graded assessment in Computing, and presents research that my group and I collected about the progression of partially automated and fully automated (self-driving) cars and their popularity.

However the very same coding skills, even the very same code, also allowed me to help present the information gathered by the other half of the Masters student project concerning Bacteria growth.

Ellen Waite Year 11

During term two and three of this year, myself and three other students in Years 10-12 collaborated with Masters students from the University of Melbourne in completing an interdisciplinary project on Biology and IT.

During this project two of the College’s students, including myself, conducted an experiment and collected data on bacterium types. We took bacterial samples from various locations around the school, and under the guidance of two University students we learnt how to grow and describe the different bacterium types we found. While we were working on our data collection, the IT students from APC collaborated with University students to developed a website on which we could display our research project.

During the project, I had many new experiences and learnt many new skills. I enjoyed collaborating with older students who could give me a taste of what further study in a biological field may be like; and I learnt experimental processes such as gram staining which may be useful outside of the project. I also liked that the project was interdisciplinary - I think that this sort of work is reflective of how projects are managed in the real world.

Overall, completing the project was an interesting new experience and I am very grateful for the opportunity to participate in such a project.

Emma Tam Year 11
**KEY FACTS**

**TOTAL STEM WORKFORCE**

- **STEM workforce**
  - 32% University qualified
  - 68% Vocational Education & Training (VET) qualified

- **16% of STEM qualified people are female**
  - 29% University qualified
  - 9% VET qualified

**Unemployment rate**
- **STEM** = 3.7%
- **Non-STEM** = 4.1%

**Growth of STEM vs non-STEM qualified population**

Between 2006 and 2011:

- Per cent growth
  - 2011
  - 2006
  - 26% Non-STEM
  - 15% STEM

**STEM UNIVERSITY GRADUATES**

**Industries and occupations**

STEM graduates work across the economy in a wide variety of industries and largely as professionals (55%) and managers (18%).

**Top six industries**

(65% of STEM graduates)

- Professional, Scientific and Technical Services (35%)
- Manufacturing (10%)
- Public Administration and Safety (10%)
- Education and Training (10%)
- Health Care and Social Assistance (6%)
- Financial and Insurance Services (5%)

**% of employed STEM graduates in the private sector**

- 32% male
- 12% female

**% of STEM graduates earning in the top income bracket ($104 000 or above)**

- 29% University qualified
- 9% VET qualified

**STEM PhD GRADUATES**

**Business ownership**

- 23% Non-STEM PhDs
- 10% STEM PhDs

10% of STEM PhDs owned a business compared to 23% of non-STEM PhDs.

**A PhD can provide an earning premium**

- **PhD earning multiplier**
  - Biological Sciences PhD: 2.7x
  - Environmental Studies PhD: 2.0x
  - Chemical Sciences PhD: 1.9x

In every STEM field, higher proportions of PhDs earned in the top income bracket compared to bachelor graduates.

**Source:** Australian Bureau of Statistics, Australian Census of Population and Housing, 2006 and 2011.
Welcome to the Term 3 edition of the Food Technology Recipe Corner. This month, we focus on the Year 9 and 10s who are trialling recipes for the Albert Restaurant.

This topic covers restaurant investigation, restaurant application and restaurant production. The outcome of the topic will provide students with an understanding of the four phases involved in execution of the Albert Restaurant and begin to brainstorm ideas for the menu.

Over the coming weeks, students will further investigate and understand the roles and aspects that are involved in running a successful restaurant. For example, roles and responsibilities, production trial, food safety, staffing, costing, sourcing of fresh seasonal produce and service. They will also be required to apply for roles within the Restaurant and undergo interviews with the Teacher.

At the conclusion of this topic, students will provide an evaluation of their Restaurant experience.

5 Spice Calamari Salad

Method - Salad
1. Halve the halved cucumber, using a peeler, peel the cucumbers paper thin, place in a bowl.
2. Slice the radishes paper thin, add to the cucumber bowl.
3. Remove leaves from coriander and add to the bowl.
4. Thinly slice shallots and finely minced garlic, add both to bowl.
5. In a jug, whisk together vinegar, olive oil and mustard with a fork, season with salt and pepper, toss into vegetable bowl.

Method - Calamari
1. Wash and rinse squid, dry thoroughly with paper towel, slice into rings 1.5 cm thick.
2. In a bowl, mix together cornstarch, cayenne pepper, salt, Chinese 5 spices and pepper. Toss in calamari rings.
3. Heat up vegetable oil in a wok, fry calamari rings until crispy and golden – around 2 minutes, keep calamari moving around the oil for even frying.
4. Remove calamari and drain on paper towel.
5. Once drained, put back into a clean small bowl and toss with red chillis – season lightly with salt and pepper, ready to serve on salad.
Tournaments

On 21st July 2016, APC Girls Chess Team went to MacRob to participate in the annual Girls Chess Tournament. The girls played 7 games of chess each against players from other schools and came 5th as a team.

Well done to Harriette Christie, Kira Dimovska, Meagan Doyle, Erin Hardess and Alexandra Johansson for representing our school so well.

On the third of August eight Year 8 students represented Albert Park College in the Mathematics Association of Victoria’s annual Year 8 Mathematics Games Day. They competed against over 50 schools from all over Victoria in problem solving activities.

Well done to Emma Boyall, Chloe Coburn, Leigh Greville, Oliver Kalicin, Leah Levin, Lam-Nhi Nguyen, Oscar Pearce and John Ziskos.

On Tuesday 16th August, Albert Park College students participated in an inter school chess tournament held at Kingswood College in Box Hill. The team came 4th out of 11 schools. Well done to the following students who participated: Harriette Christie, Jack White, Gene Kuzmenko, Felix Rossingol, Will Casey, Oscar Williams, Thomas Dolan.

A special well done to Thomas Dolan in Year 7 and Jack White in Year 11 who have made the state finals. They will join Daniel Roisman and Sasha Anderson who both earned places earlier in the year. Congratulations to Gene Kuzmenko who got a bronze medal for Year 11 and 12 and Jack White who got the silver medal.

A huge thank you to Mark Jenkin for coming along to support the team.

Lead Create Inspire
French

Oh là là! It’s been another busy month in the French department with students taking part in a wide array of excursions and competitions.

Berthe Mouchette competition at the Alliance Française

Below are some of the senior French students who took part in the oral component of the Berthe Mouchette French language competition.

The Year 11s defended refugee rights in their discussions and the Year 12s examined the French revolutionary spirit in theirs.

Degas at the NGV

Year 10 students had a chance to hear a lecture about Degas before taking an in depth tour of this stunning exhibition.

Breizoz French Crêperie

Year 8 French students had a great incentive to practise their French when ordering delicious galettes and crêpes at Breizoz crêperie this month.
Call to Artists
Entries close 5pm on 5 September
Artists Enter Here:
http://www.albertparkcollege.vic.edu.au/artshow

Silent Auction and Raffle Items
The Annual Art Show is fast approaching and we are seeking donations/items from the school community for the silent auction and raffles.

Please contact Ruth at ruthkrawat@gmail.com or on 0419 390 962 if you can donate any items such as homewares, vouchers, art works, sport equipment, services etc. All items will be greatly appreciated.

We need great Art Donations for the Live Auction
Please email Trudy Rice, Curator, at apcollegeartshow@gmail.com with suggestions for art to donate to the Live Auction. Our Auctioneer this year is Oliver Bruce from Marshall White Real Estate.

Can you sponsor an art prize?
Please email apcollegeartshow@gmail.com if you would like to sponsor a $250 cash art prize, or our acquisitive prize of $2,000 for best in show, an artwork acquired for our College’s collection.

Gala Opening Night
Friday 14th October 2016

Exhibition Duration
Friday evening to Sunday 16th October 2016

The sixth annual Art Show kicks off with a Gala event on Friday 14 October 2016 at the college’s brand new campus at 40 Bay Street in Port Melbourne.

Purchase tickets
To purchase tickets for the Gala Opening night go to: https://www.trybooking.com/201059

Helping with the Art Show
We will be sending out a call for helpers very soon.
KEEP YOUR EYES PEELED!!

More information
For more information please email apcollegeartshow@gmail.com or visit the school website www.albertparkcollege.vic.edu.au

CURATOR Trudy Rice
0410 596 415 or apcollegeartshow@gmail.com

https://www.facebook.com/apcartshow
ENVIRONMENT NEWS

APC PLEDGES TO SWITCH ON OUR SCHOOL WITH AYCC

AYCC
On Wednesday the 17th of August and Thursday the 18th of August, Albert Park College was invited to take part in the annual Climate Change Summit held by the Australian Youth Climate Coalition (AYCC). There were over 270 students total in attendance from 25 schools across Victoria. Over the two days, a group of 10 students from APC gathered to collect more information on climate change and were also given tactics on how we can make a difference. We attended workshops to complete small group-based activities and got to learn more about climate change across Australia. Across the 2 days, we met students from other schools and built strong friendships with not only each other but the environment-friendly community. On the last day of the summit, we all walked down to parliament house and gave speeches to Members of Parliaments from different electorates, including our local MP, the Honourable Martin Foley. We talked about our school and what we aim to do over the next few years. Overall, it was a really exciting, educative and awesome program that I am proud to be a part of. If you’d like to support Albert Park College’s ‘Switched on Schools’ campaign for becoming more carbon neutral, please sign the petition here: http://switchedonschools.org.au/petition/repower-albert-park-college/

Lachlan Black - Year 8: Environment Leader

GREEN TIP
When not in use, turn off your computer at the wall to help conserve energy

- GRACE-ANN FAULKNER: YEAR 8

(Above) The students on the steps of Parliament pledging to improve APC’s waste usage. (Below) The students enjoying their sandwiches they received in the Oxfam Hunger Banquet.
APC Parent-Student Trip to Cuba

Join Antoine Miller (a Year 11 student from Cuba), his mother & Mr Wallace Smith on an adventure of a lifetime to Cuba – to Antoine’s homeland!

Experience Cuba in all its glory with two locals that are part of the APC community! Explore Cuba and discover the culture, the cuisine, the beaches and the history of one of the most popular and amazing places in the world currently!

Cuba is home to one of the most captivating cultures in the world. Stunning beaches, beautiful fishing villages, relaxed locals, crumbling facades of colonial buildings, revolutionist monuments, waterfalls, jungles and more! Cuba has just start opening up to the World, so it’s a great time to visit with two ‘locals’ – before the masses start going there. This trip promises to be an extremely memorable one for all involved!

We will have the chance to swim, hike, ride bikes, snorkel, caving, visit museums, learn about Che Guevara & Fidel Castro and hang with the locals in places like Cienfuegos & Trinidad amongst numerous other amazing activities.

This trip is open to Year 11 & Year 12 APC students and parents. An incredible opportunity.

**Trip Highlights;**

- Amble down the cobbled streets of the historic Havana
- Snorkel in Caleta Buena and in the waters off Cayo Blanco
- Walking tour of Cienfuegos and visit the famous Palacio del Valle
- Explore Santa Clara and visit the Che Guevara mausoleum and museum and learn about the iconic Cuban revolutionary
- Spend time in Trinidad, hiking to a waterfall and then spend time exploring its old-world streets and the palm-flanked beaches
- Go a boat trip in Cueva del Indio
- Hike through the valley of Vinales, along rural dirt roads, past horse-drawn carts in a scenically spectacular part of Cuba
- A half day trip to Ancon Beach and a cycling adventure
- Have a salsa lesson & visit the Ernest Hemmingway museum

Lead Create Inspire
The Itinerary!

November 28th – December 14th
Day 1: Leave Melbourne
Day 2: Arrive Havana, Cuba – via Los Angeles & Mexico
Day 3: Havana – exploring the Capital
Day 4: Soroa
Day 5 & 6: Vinales
Day 7 & 8: Cienfuegos
Day 9 & 10: Trinidad
Day 11: Santa Clara
Day 12: Santa Clara
Day 13: Havana, Cuba
Day 14: Arrive Santa Monica, Los Angeles
Day 15: Santa Monica, Los Angeles
Day 16: Leave Los Angeles – Arrive Melbourne

Accommodation
Homestay in Santa Monica, USA (2 nights), Homestay in Cuba (2 nights), Hotel (4 nights), Casas Particulares (4 nights) & Bungalows (2 nights)

Activities include:
Cycling, Snorkeling, Swimming, Hiking, Exploring, Learning & having fun!

When?
This APC Cuban Adventure would be leaving on the 28th of November and returning on the 14th of December 2016.

For how long?
This would be a 16-day Adventure. 12 days in Cuba & 2 days in California and we will allow 2 days for international travel.

How much?
$5,500 per person – All included; however, an additional $350 of spending money on souvenirs, alternate activities, drinks & snacks is recommended.

Who is going?
This trip will be organised and run by Mayken Miller (APC Parent), Antoine Miller (APC Student) who are from Cuba and James Wallace Smith (APC Teacher). This is a trip for Year 11 and 12 students and parents.

Expressions of interest should be written to James Wallace Smith on jameswallacesmith@albertparkcollege.vic.edu.au -
APC Families

Your child will have a better education if you’re part of it.

The APC Family Weekend Away has been planned for Friday 25th to Sunday 27th November at the Anglesea Beachfront Family Caravan Park.

We encourage like minded families to book a cabin/campsite (asap) on 03 5263 1583. Dinner will be on Friday night at the Anglesea Hotel. A relaxed social dinner will be held at the big campsite kitchen on Saturday night, and brunch at the Anglesea Lifesaving club on Sunday.

Let’s enjoy Anglesea, soak up some sun, swim, surf and socialise. Our teenagers can just enjoy hanging out with their friends.

Please mention you are with APC and also email Teenalboz@gmail.com to confirm numbers.

Upcoming Events

Families Social Evening
Thursday 15th September
Venue TBC

Bike Engraving with VIC Police
Dates TBD
Location: Both Danks st & Bay St Campuses

Snow Camps
Years 7 & 8: 29 Aug–1 Sept
lucyshiels@albertparkcollege.vic.edu.au
Years 9, 10, 11: 22–26 Aug
miamurphy@albertparkcollege.vic.edu.au

ART SHOW
14–16 October
Location: Bay Street Environmental Arts Hub
Accepting entries now! Go to http://www.albertparkcollege.vic.edu.au/artshow/

Families Beach Camp
25-27 November
Location: Anglesea Beachfront Caravan Park
teenalboz@gmail.com

The Great Victorian Bike Ride
26 November – 4 December
Location: Great Ocean Road, Victoria
andrewrobinson@albertparkcollege.vic.edu.au

Parent Cocktails & Conversation
Thursday, 8 December, 7:30PM
Location: TBD
Sports News

Beachside Division Interschool Futsal

Congratulations to the Year 9 & 10 Boys who were outstanding at this terms Futsal Tournament. The Year 10 Team came ‘Runners Up’ in their competition and the Year 9 Team won their event, remaining unbeaten in all games.

Congratulations as well to the Year 8 Futsal Team who played fantastically well throughout the Beachside Tournament day. They earned praise from opponents coaches and referees on not only on their skill level but their attitude and fair play.

The B team went unbeaten and were first in the league. The A Team came third in a tough group that was only settled on goal difference. A great effort by all involved.

With some fantastic individual & team play the boys were a credit to Albert Park College. This was epitomised in the final game when both the opposition coach and referee came to commend the players on their attitude, play and sportsmanship. Well done boys!

- Mr Clutton

The APC Year 7 Futsal team played seven games, they were unbeaten all day. Here’s the breakdown of the games:

- versus Glen Eira b. Won 8-1
- versus Glen Eira a. Won 2-1
- versus Elwood b. Won 13-1
- versus Elwood a. Won 3-1
- versus Cheltenham a. Won 8-0
- versus VCD. Won 4-2

Grand Final versus Glen Eira. Won 2-1 (*with a last minute goal!) A fantastic effort. They were a credit to Albert Park College with their effort and attitude.

Well done boys!
Under 14 Rugby

Albert Park College Under 14s Rugby Sevens boys put in a great effort at the Melbourne Schools Gala day on the 10th of August. Following a couple of training sessions with Melbourne Rebels affiliated coaches they took the pitch with great enthusiasm. Captained by Samson Pulepule they took the challenge to a number of schools from the Melbourne area. With some students making their competitive rugby debut they had to quickly adapt to the fast paced game of rugby sevens. The team rose to the challenge demonstrating good awareness, communication and shape throughout the tournament. It was impressive to see some strong running and ball retention as the tournament progressed, with Ned Tayles and Sebastian Higgins scoring impressive tries following good team play and quick feet.

- Alex Fox

XTEND BARRE CLASSES
AT ALBERT PARK COLLEGE

WHEN? Wednesdays 8-8.45am - 4 week blocks
Commencing Week 7 (Term 3), & Weeks 1 & 5 (Term 4)
HOW MUCH? $40 for 4 week block (just $10 per class!)
WHERE? Albert Park College

A BIT ABOUT XTEND BARRE...
Xtend Barre combines elements of dance, ballet and Pilates to create an adrenaline-fuelled workout that strengthens, lengths and chisels the body. Each class features elegant yet energetic combinations that enhance flexibility, improve balance and challenge the core.

Xtend Barre classes starting at Albert Park College!

Class sizes are limited to 12 students, so be sure to get in quick.

Please contact Jenna Carracher (jennacarracher@albertparkcollege.vic.edu.au) to secure your place.
**Murdoch Institute - Healthy Volunteers**

Do you and your child want to help with cardiovascular research? If so, you may be able to help with a study looking at the cardiovascular health of children with chronic inflammatory conditions compared to healthy volunteers. The Susceptibility to Paediatric Infection Group at MCRI are looking for children to act as healthy controls for this study.

Check out the details of our CUPID Study below and all you need to know to get your kids involved. Your support would be appreciated by many and could benefit future child health!

For more information, [click here.](#)
Albert Park Rowing Academy

Click here to watch the video!

Seeking expressions of interest from girls in Year 8, 9 & 10 in 2016.
Seeking expressions of interest from boys who are in Year 8, 9 & 10 in 2016.
We welcome all returning rowers to also lodge their expression of interest.

Seeking expressions of interest from parents wishing to be involved in

• sponsorship and fundraising
• driving boat trailers to/from regattas
• Set-up of regatta tent & food at regattas
• Photography and filming at regattas

Important Facts

• Cost of program - $1990 per season (coxswains $200)
• Venue - Powerhouse Rowing Shed, Albert Park Lake
• Boat Class – Coxed Quad Sculls (4X+) and Single Sculls (1X)
• Season Duration – 19 week program from 3rd October 2016 to 19th March 2017
• Training commitment – 4 sessions per week including Sat mornings (Sundays off)
• Session times: mornings from 6-8am and afternoons from 3:45-5:45pm
• Includes racing at a minimum of 6 regattas
• Includes a 5 day summer intensive rowing camp in late January 2017

Expression of Interest

Student Name: ____________________________________________________________
Year Level 2016: __________________________________________________________
Class: ___________________________________________________________________
Tutorial teacher: __________________________________________________________
Previous Rowing experience: Y/N ____________________________________________
Other Sports Played including time commitment (for training & competition) per week:____
________________________________________________________________________

Parent name: _______________________________________________________________
Area of volunteer interest: _________________________________________________